

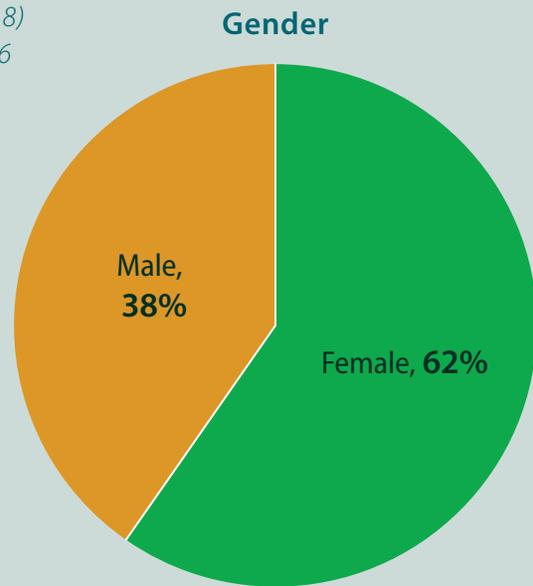
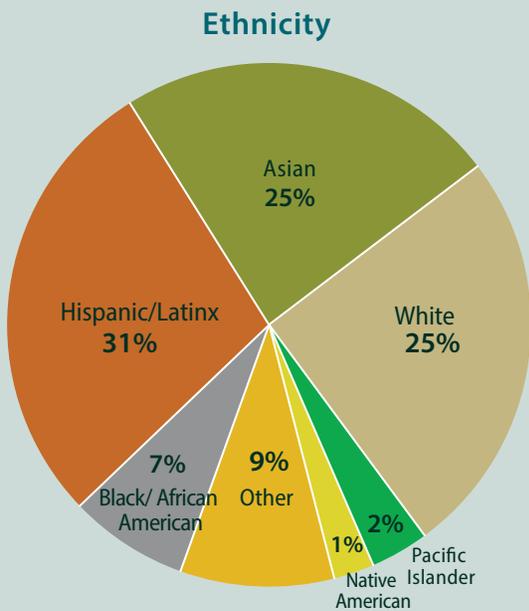
PAVING, EXCELLENCE, RETENTION, SUCCESS IN STUDENT TRAJECTORIES (PERSIST) PROGRAM

Who We Are

PERSIST is designed to meet the needs of students who are in their second-year of college at Sacramento State. It provides a series of workshops including academic planning, wellness, financial aid and workforce skills development for students to make a smooth transition to their upper division course material.

Demographics of Students

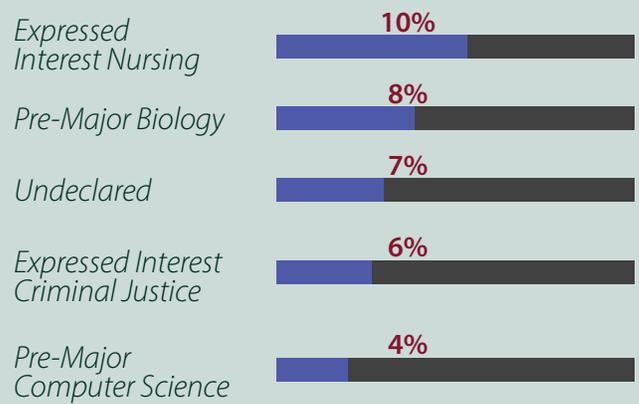
(Fall 2018)
N=4126



Key Performance Indicators

	Fall 2018
Average Term GPA	3.05
Average Unit Load	14.15
Enrolled in 15+ Units	52%
Full Unit Load	95%
Good Academic Standing	100%
Persisted the following semester	97%

Top Majors



How We Help Students

- Enroll students in 15 units or more in the following semester
- Provide students with financial aid and FAFSA information
- Help students understand University's academic requirements, policies and procedures
- Collaborate with community members and bring workforce skill workshops to students
- Get students involved in campus activities
- Disability testing for a limited number of eligible students
- In conjunction with The Well, provide Active Minds - Stress Less, Worry Less workshop presentations
- Get students connected to campus resources and mentoring opportunities



Results from English 20 Presentation

90% of students felt that the workshop was helpful.

76% of students felt prepared for the following semester due to PERSIST participation.

Survey

Types of services students want to receive from PERSIST

87% Academic Advising

51% Career Development / Exploration

45% Personal Advising

Workshops Offered

- **Financial Aid: "What's Next?"** - Covering additional steps students need to take after submitting their FAFSA which can include creating a Web Grants account for Cal Grant or submitting additional documents if needed for federal verification, applying for CSUS Scholarships, and submitting FAFSA/Dream Act.
- **Career Readiness: Teamwork/Collaboration** - community employer (i.e. SMUD, State Farm) conducts workshops on desired skills employers are seeking from employees. Learn to work within a team structure and negotiate and manage conflict.
- **Health & Wellness: Active Minds – Stress Less, Worry Less** - a presentation about simple techniques to manage stress college students face.
- **Progress to Degree: Academic Advising/Class Planning** - learn what classes to take next semester, learn about summer school options (at Sacramento State or community colleges), tutoring, academic standing, general education, graduation requirements, and the Writing Placement for Juniors (WPJ).