First Generation Institute (FGI)

Who we are

An intensive program designed for students to integrate their college experiences into the work world. FGI will empower first-generation students through critical mentoring, skill-building and reflection to enhance their knowledge, and give them a path to become first-generation professionals.

FGI received a NASPA Excellence Award Bronze Certificate and recognition in a collection of winning entries on the NASPA Excellence Awards page of the NASPA website.

Program Activities

Professional Development Action Plan

Table Talk

First-Generation Storytelling

Taxes 101 Workshops

Mock Interviews

Elevator pitch Workshops

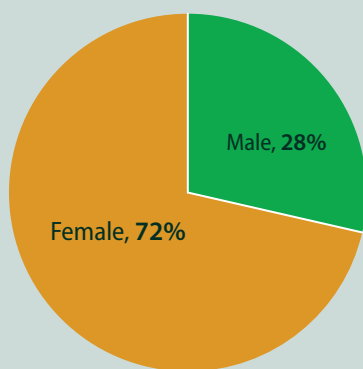Financial literacy/Wellness Workshops
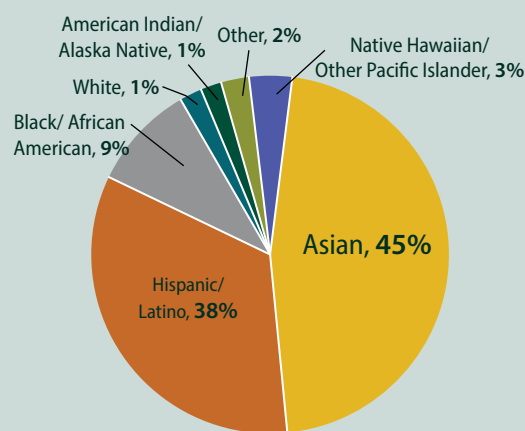
Professional brand/reputation Workshops

Participation

- *Develop skills and perspectives needed to progress from first-generation students to first-generation professionals*

- *Receive guidance in mapping out short and long term career goals*

- *Build a customized plan for professional growth to increase self-awareness and professional marketability*

- *Establish a network conducive for lasting collegial relationships with whom they can explore their identity and how it relates to their personal and professional success*

Demographics

N=149 (Academic Year 2018-19)

Gender

- Male, **28%**
- Female, **72%**

Ethnicity

- American Indian/ Alaska Native, **1%**
- Other, **2%**
- Native Hawaiian/ Other Pacific Islander, **3%**
- White, **1%**
- Black/ African American, **9%**
- Asian, **45%**
- Hispanic/ Latino, **38%**

Class Level

- Freshman **2%**
- Grad, **5%**
- Junior, **28%**
- Senior, **54%**
- Sophomore, **11%**

SACRAMENTO STATE
STUDENT AFFAIRS

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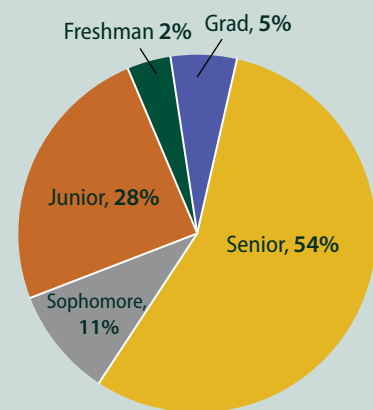
Academic Outcomes

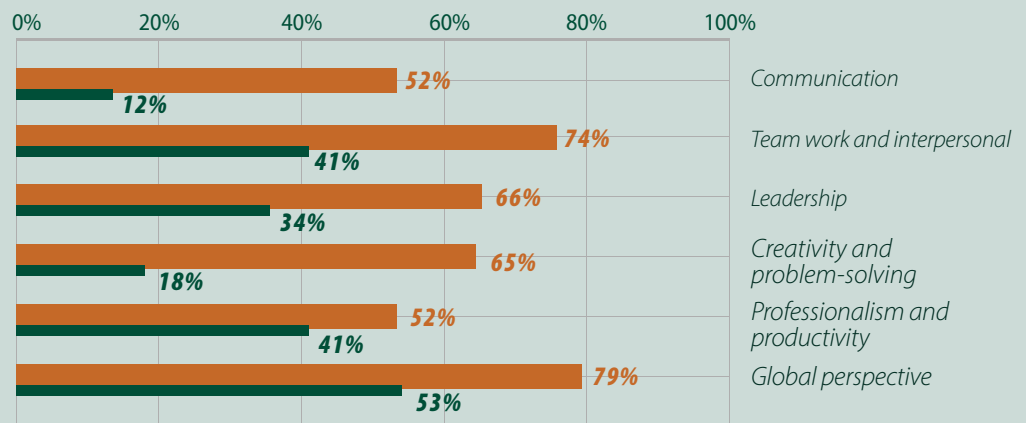|	Fall '18	Spring '19
Average Term GPA	3.24	2.92
Average Unit Load	13.67	13.24
Enrolled in 15+ Units	42%	44%
Full Unit Load	92%	83%
Good Academic Standing	96%	98%
Persisted the following semester	100%	96%

Survey

93% of participants agreed/strongly agreed that being involved in this institute provided them the skills and knowledge needed to prepare for the workforce.

93% of participants agreed/strongly agreed that being involved in this institute had made them want to get more involved in the campus community.

79% of participants agreed/strongly agreed being involved in this institute has made them want to try harder in school and graduate.

100% of participants agreed/strongly agreed that being involved in this institute has helped them realize that they have a lot for which to be proud.

From First Generation Students to First Generation Professionals

An introductory course to prepare students to compete successfully for positions in today's workforce. Final project: students will identify a problem, formulate a solution and present the proposal.

Skills Assessment (Excelling Responses)

Skill	Pre	Post
Communication	12%	52%
Team work and interpersonal	41%	74%
Leadership	34%	66%
Creativity and problem-solving	18%	65%
Professionalism and productivity	41%	52%
Global perspective	53%	79%

Pre
Post

Competencey Assessment (Proficient to Expert Responses)

Competency	Pre	Post
Career Planning	53%	93%
Self-assessment	78%	100%
Market research	31%	86%
Informational interview	47%	72%
Networking	47%	100%
Resume	68%	93%