Student-Parent Supports Program 2021-23 Assessment Report

Mission

The Parents & Families Program is dedicated to serving pregnant and parenting students as well as parents, families and loved ones of students by facilitating and enhancing opportunities for student success. We accomplish this by assessing, acknowledging, supporting and advocating for the unique needs of these populations.

What We Do

We help ensure success for students and their families. Specifically, we help:

- Student-parents with financial assistance for childcare through the Hornet Family Study Care grant (CCAMPIS), provide community and reduce isolation through in-person, hybrid and online events, provide direct service referral to campus programs, provide communications, CalWORKs verification, and employ four student-parent peer ambassadors (SPPAs) trained to work 1:1 with student-parents to navigate the university.
- Pregnant students with pre-and post-birth academic continuity planning, advocacy, and guidance for discussions with faculty, and educate our campus community on pregnant students' needs.

Program Outcomes

- Improved Campus awareness of needs of pregnant/parenting students
- Improved student-parents' sense of belonging
- Awareness of social services
- Improved long-term planning, self-advocacy knowledge/skills
- Sense of feeling supported by institution
- Improve students advocacy
- Increased self-efficacy
- Retention
- Graduation
- Timely graduation
- Sense of community

SACRAMENTO STATE
STUDENT AFFAIRS

2022-2023

Significant Accomplishments

- Awarded the second CCAMPIS (Child Care Access Means Parents in School) grant from the US Department of Education
- Launched Student-Parent Peer Ambassador (SPPA) Pilot Program, a peer navigator program designed to reduce isolation and create a sense of community and direct support for student-parents outside of normal business channels, in an efficient, time-condensed fashion.
  - Designed the program with cross-campus support led for the Middle Leadership Academy.
  - This expansion facilitated the reach of student-parents informing the campus community and working 1:1 with other student-parents.
  - Five (5) SPPAs were hired, trained and deployed to serve student parents starting Spring 2023.
  - Direct outreach/ 1 on 1 to 73 student-parents and 25 pregnant students in a variety of majors and colleges across the campus.
  - Our SPPAs each identified and developed an area of expertise in addition to being able to offer general guidance to Sac State student-parents
  - Hosted online trainings via Zoom 1/9 from 10-11:30 am and 1/12/23 from 2-4pm
- Built Out Student-Parent Support Program
  - Through these efforts and her dissertation, she has made traction in producing data for the campus community in terms of the needs of student-parents and the presence of this invisible population on our campus, as evidenced by their inclusion in a growing number of campus presentations such as New Faculty Orientation.
  - Launched the Village Building Initiative with presentations to campus departments and one university-wide presentation at the AntiRacist and Inclusive Campus Forum (AICP) in Spring 2023.
- Expanded and formalized Pregnant Student Support Services
  - One SPPA focuses on pregnant students.

One-on-One Student-Parent Service

- 1:1 Student-Parent Meetings: 91
- Pregnant Student Support Meetings: 54
- CCAMPIS Student-Parents: 25
- SPPA student-parent outreach:
  - 73 student-parents
  - 25 pregnant students
- CalWORKs: 110 monthly Cal works attendance sheets signed for 13 unique student-parents

Grants/ Fundraising Efforts

- 2022 launched year 1 of 2022-2026 CCAMPIS grant $473,000
- 2022 launched SPPA pilot with Student Affairs one-time funding $28,500
- June Care Sponsorship of $5,000 for Zoom promo, Orientation promo, and stuff at our Mamas events

Child Care Access Means Parents In School (CCAMPIS) Data

- Grant to provide childcare assistance to low-income students
- students must be Pell-eligible to qualify
- Priority given to single student-parents
- Establishing CCAMPIS Grant #2 from Oct 2022-present
- Spring semester 25 student-parents and 29 children served
- Going into Fall 2023 we have 75 student-parents on our wait list

Student-Parent Data Collection Efforts

Opt-in Data Collection Efforts for Student-Parents
- Constant Contact: 4,732 student-parents
    - E-newsletters have 8% open rate
- Orientation: 90 student parent opt-ins
- Qualtrics: 152 opt-ins

Social Media:
- Instagram Followers @csus.families: 787

Events

- More than Mamas Mondays – monthly events for the campus community hosted by Student-Parent Peer Ambassadors
    - Second Monday of each month in Spring '23 semester from 1:30-2:45pm
    - Coffee and pastries provided
    - 30 total guests attended
    - Recommendation to host these events online in the future
- Hosted Student-Parent Graduation in person – Fri May 12 from 4-5pm in the UU
    - 12 student-parents graduating; 35 attendees
    - Students had 2 minutes each to share their experience being a student-parent at Sac State
- Hosted second annual CSU Student-Parent Summit online
    - August 2023
    - 30 guests in attendance including participation from 11 CSUs.
    - Sac State Student-Parent Peer Ambassadors presented how to create a similar program, as well as colleagues from Cal State Fullerton on Nontraditional Childcare Options, Cal Poly SLO presented on leverage and advocacy for resources; student-parents from Northridge presented on Student-Parents and Creating Community through Clubs and Events, and Haley presented data on Degree Completion

Timelines for student-parents, and began the first public attempt to count student-parents at all CSUs, with estimates for Cal Poly SLO, Fullerton, Sonoma, Stanislaus, San Diego and Sacramento campuses.

- Sac State Director Dr. Myers Dillon attempted to set baselines for CSU student-parent counts (see chat below).

Campus	Count	Notes
San Luis Obispo	135	Reported to me in conversation by VPSA Keith Humphrey July 2023
Fullerton	396	Self-identify through survey in portal
Sonoma	399	2023-24 FAFSA data only
Stanislaus	1,096	Students reported that they have child(ren) in Fall 2022. That is 11.3%, or 1 out of 9, of our student body. Out of 1.096 students, 870 are undergrads and 226 are graduate/postbac students. 10% of undergrad and 21.5% of graduate/postbac students.
San Diego	2,069	Total (estimate for 2021-2023 enrolled students)
Sacramento	9,430	1 in 3 of our student body; 70% of grad students; 26% of undergrads. Data from OIREP.

- These counts are low, but they are mostly looking at one year only (or one point in time), and/or are based on students who self-identify.
- When Sacramento State began counting, our numbers were first in the 200-300 range, then 400, then 3,000, and up from there. Estimates and offices count differently. It's important to count graduate students.

Student-Parents by College at Graduation (n=668)

College	Percent
Arts & Letters	9%
Business	17.6%
Education	6%
Engineering & Computer Science	6%

Health & Human Services	31%
Natural Sciences & Mathematics	5%
Social Sciences & Interdisciplinary Studies	25%
Special Programs	0.4%

2021-2022

Significant Accomplishments

- Hosted the first CSU Student-Parent Summit online with representation from 17 CSUs.
- Posted the Mother's Room and Diaper Changing station map on the P&F website
- Partnered with IRT to secure new Lactation room in AIRC
- Established Pregnant Student Support Program
    - a system to serve pregnant students on campus and begin collecting data using conduct's case management system Maxient (keeps data private and uses some automation) and MS Teams
    - establish a case management system that can allow tracking and counting students
    - Served 50 students in the first year
- By August 2022, CCAMPIS served 47 student-parents and 57 children through CCAMPIS grant, assisting low-income student-parents with childcare
    - Includes monthly check in meetings with students to discuss academic and life

One-on-One Student-Parent Service

- 1:1 Student-Parent Meetings: 92
- Pregnant student meetings: 31
- Student-Parent Zooms (bimonthly online meetings at 8pm): 252
- Pregnant student drop-ins (starting January 2022): 1
- As of February 2022, when the report is due to the US DOE, CCAMPIS Grant served 31 student-parents and 31 children
    - 9 of these students graduated with a BA; 2 graduated with a MA
    - 100% of respondents credit CCAMPIS for helping them stay in school, attend class, take earlier or later classes, have additional study time, obtain tutoring, get advising or counseling support, participate in group projects or meetings, work, and graduate

Communications

- Monthly e-newsletters – 3,499 student-parents

- o 8% open rate
- Social Media: Instagram @csus.families 359 followers

Events

- Hosted Biweekly Student-Parent Check ins to combat isolation for student-parents
  - o Average attendance: 25 student-parents
- Hosted first CSU Student-Parent Summit in March 2022
  - o Attended by 17 CSUs and some external partners
  - o Built a CSU student-parent champions database to connect people doing or wanting to do the same work.
  - o Found/shared that a majority of CSUs have CCAMPIS grants that are administered by the Children's Centers, which do not have a history of working with Student Affairs or serving student-parents as scholars.
- SP Virtual Graduation May 20, 3 pm
  - o 14 student-parents participated
  - o Students had 2 minutes each to share their experience being a student-parent at Sac State

Data Collection Efforts

- Requested and acquired updated info from OIR that student-parents have grown significantly as a student population from 3,675 in 2017 to 9,340 in 2022.
- Conducted Survey of Student-Parents around academic course needs and pandemic-related services
  - o 95% of 412 respondents said they want online course options

Student-Parent Demographics 2021-22

Category	Sacramento State	Enrolled Student-Parents
Enrollment	31,573	9,430
Gender: Women	58%	87.5%
Ethnicity: Latinx	36%	28%
Ethnicity: White	25%	32%
Ethnicity: Asian	19%	10%
Ethnicity: Black	6%	12%
Ethnicity: 2 or more races	6%	16%

Ethnicity: Pacific Islander	1%	0%
Ethnicity: American Indian/Native Alaskan	<1%	2%
Pell Eligible	43%	77%
Marital Status: Unmarried	Unknown	52%
First-Generation	31%	38%
Transfer Students	14%	98%
Average Cumulative GPA	2.91	3.07