

# Student Health, Counseling, and Wellness Services Data Report 2021-23

## Who We Are:

Student Health, Counseling, and Wellness Services provides an integrated approach to holistic care of our students. This approach acknowledges the intricate connection between mental, emotional, physical, and spiritual well-being, recognizing that a person's mental health cannot be isolated from their overall health. Our multidisciplinary team of healthcare professionals create an environment where individuals from diverse backgrounds feel respected, valued, and provided with equitable access to quality care. It goes beyond simply having a diverse staff or patient population; it's about fostering an inclusive culture that addresses systemic disparities and ensures that everyone receives the same level of care regardless of their background.

## Our Facility

### 2021-22

- Expanded facility by 11,200 square feet
- Added Athletic Training Suite
- Added three Group Therapy Suites

### 2022-23

- Updated Urgent Care Services

Beginning in 2021, Student Health, Counseling, and Wellness Services expanded the facility to further include Basic Needs, Rapid Re-Housing, Peer Counseling, and CARES. This further integration of services provides additional offerings for wellness, including addressing food and housing insecurities and basic needs services to our students. Through enhancing our students' educational experience by addressing non-academic barriers, we enable students to achieve their academic goals.

## Services Provided

- Primary Care
- Urgent Care
- Nutritional Counseling
- Psychological Counseling
- Pharmacy

- Immunizations & Vaccine Services
- Sports Medicine
- Peer Counseling
- Peer Health Education
- CARES
- Health & Wellness Promotion
- Basic Needs
- Rapid Re-housing
- Confidential Advocate
- Patient Navigator

## Total Number of Clinical Appointments

Type of Appointment	2021-22	2022-23
Athletic Training	586	1,234
Primary Care	14,680	14,913
Sports Medicine	9,189	15,371
Psychological Counseling	7,240	8,078
Psychiatry	91	135
Psychological Group Therapy	175	312
Telehealth Medical Appointments	2,992	2,655
Telehealth Psychological Appointments	4,120	2,771
Nutrition	397	311
Nutrition Peer and Workshops	498	487