

Womens Resource Center Assessment Report, 2022-23

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Location: The Women’s Resource Center is located in the University Union, room 2250.

Who We Are:

The WRC builds community and allyship, provides resources and services, and hosts strategic events and programming with a feminist lens to empower students, create self-awareness, cultivate a safer space on campus, uplift and affirm intersectional identities, and promote the power of personal agency.

Vision

The WRC serves as a driving force for promoting women’s and gender equity within the campus community and beyond. We achieve this by encompassing the principles of inclusion, collaboration, and leadership into our programming, events, service and space.

Values

Community, allyship, empowerment, feminism, DEI (diversity, equity, inclusion), and openness

Context

In January 2023, the Women’s Resource Center came under new leadership and became co-located with the Parents & Families Program to reach more female-identified students who are also parents. This report was created with data mostly from Spring 2023, with some help from some historical documentation regarding attendance and visitor logs.

Students Served

Category	Fall 22	Spring 23
Visited WRC	356	554
Attended Events	117	395
TOTAL	473	949

Resources Distributed

**estimates provided where data exists*

- 250 Pregnancy tests distributed in Spring 2023
- 300 Condoms in Spring 2023
- Feminine Hygiene products
 - Tampons
 - Pads
- Scantron Test Sheets
- Blue books
- Snacks
- Abortion resource guidance
 - On and off campus

Signature Events

- **First Annual Leadership Summit** – Fri Apr 21, 2023, from 10a-2pm, Green and Gold Room, UU
 - 75 people attended the first annual Women's Leadership Summit.
 - 55 were undergraduate students.
 - 7 were graduate students.
 - 4 were full time staff.
 - 4 were Sac State faculty.
 - 5 were professionals working in the greater Sacramento area.
 - 16 attendees filled out the post-event survey.
 - 87.5% of respondents (14 of 16) rated their conference experience 5 out of 5
 - 12.5% rated their experience a 4 out of 5 (2 of 16).
 - Most respondents' favorite part of the conference was:
 - talking with professionals (47%) and
 - small group discussions (40%), followed by
 - the content being motivational and inspirational, gaining leadership information, the graduate student panel, and talking with faculty.
 - More than one-third of respondents (37.5% or 6 of 16 respondents) would not change anything.
 - While another third (37.5%) would change having more professionals/ majors represented; the food options; or having events like the women's leadership summit more frequently.
 - The remaining responses of what people would change vary from having more time for introductions and discussion, to adding a professional panel, having intimate discussions earlier in the agenda, and better organizing small group discussion.
- **Denim Day and Take Back the Night** – Weds Apr 26, 2023
 - Denim Day was hosted 11:30-2:30 pm in the UU by Student Health and Counseling and WEAVE.

- The Women’s Resource Center had a table with sign and poster-making supplies, informational resources about the center, and staff to engage and answer questions.
- Student Health & Counseling hosted a Take Back the Night rally, event and march in the Library Quad and around campus from 4:30-6:30pm. The WRC spoke at the rally, and participated with signs and staff and student-assistants marching. The purpose of these events is to bring awareness to sexual assault and sexual violence, and to give voice to the issue, and to acknowledge survivors and voice campus commitment to address the issue.
 - The WRC stayed open late from 6:30-9:00pm. We had 25 students of diverse gender identities join us and discussed sexual assaults on campus, women’s health and sexuality, family, making connections with new friends, school, stress and anxiety, and community resources. People ate pizza, enjoyed refreshments, and made collage art projects.
 - **Palentine’s Day** – Tuesday, Feb. 14, 2023 from 2:30-4pm in the WRC
 - This gender-inclusive and non-hetero-normative event celebrates friends and couples of any identity. WRC welcomed students to our community with donuts and roses, and notes and words of encouragement. The event is envisioned as a “pass through” event or quick welcome that uplifts students spirits on a day that can be triggering or exclusive for many.
 - We served 50 students.

Spring 2023 Student Needs Assessment

We asked our guests, “What is a Women’s Resource Center for?” These responses guide our mission and day-to-day operations. They told us:

- To aid and empower
- A place to be myself
- Activism!
- Belonging
- Building Up and Inspiring Others
- Community
- Connection
- Education
- Gender Equity
- Generational nurturing
- Help Home Away From Home
- Information/Knowledge
- Leadership
- Love
- Safe Space
- Empowerment
- Fun Events & Programming
- Friends
- Support
- Sharing
- Place to Chill and Study

- Meet New Friends
- Respect
- Resources