

Improve Your Tomorrow University (IYT-U)

Who We Are

IYT-U is a male success initiative at Sacramento State focused on increasing the number of men of color who graduate on time and prepared to enter the workforce.

IYT-U's Mission

Improve Your Tomorrow University (IYT-U) is a program working to increase retention rates, increase graduation rates for young men of color, and prepare students to enter the workforce.

IYT-U Demographics – AY 2019-2020 (N=63)

Ethnicity

- 44% of them are Hispanic/Latino.
- 32% of them are Black/African American.
- 14% of them are Asian.
- 3% of them are White.
- 3% of them are "Other."
- 2% of them are Native American.
- 2% of them are Pacific Islander.

Class Level

- 33% of them were freshmen.
- 29% of them were sophomores.
- 16% of them were juniors.
- 22% of them were seniors.

Age (average age = 20.65)

- 6% of them were younger than 18.
- 40% of them were 18-19.
- 29% of them were 20-21.
- 16% of them were 22-23.
- 10% of them were 24 and older.

Key Performance Indicators

	<i>Fall 2019</i>	<i>Spring 2020</i>
<i>Average Term GPA</i>	2.52	2.71
<i>Average Unit Load</i>	14.52	13.07
<i>% Full-time</i>	90%	84%
<i>% 15+ Units</i>	53%	36%
<i>% Good Academic Standing</i>	79%	85%
<i>% Persistence to Next Semester</i>	97%	98%

Five Program Pillars

1. Scholarship
2. Leadership/Career
3. Mentorship
4. Brotherhood
5. Community

Services

1. **Mentorship** – Monthly academic/life mentoring sessions through 1-on-1 mentoring. Bi-weekly mentoring sessions (after COVID began)
2. **Brotherhood** – Monthly Member Meetings, Summer and Winter Summits, Winter Retreat, Online Meet-ups, Online Gaming, IYT Hangouts, and Brotherhood Events
3. **Student Development** - Workshops, guest speakers, connecting students to campus resources, participation in the CSU YMOC Consortium and the Male Empowerment Collaborative
4. **Emergency Grants and COVID Relief:** Emergency funds available each semester to all IYT students. COVID Relief: economic support, food deliveries, laptops, Hotspots, and sharing other national and local resources
5. **Career Planning**- Career workshops in partnership with Career Center, and Leadership Initiative
6. **Scholarship** – 31 students received scholarships ranging from \$350 to \$6000

Student Testimonials

“It doesn’t feel like a program, it feels like a family...I made a bunch of friends...and brothers.”

“IYT has helped my definition and confidence, of allowing myself to push myself beyond my comfort zone in order to achieve goals that will push me further.”

“...knowing that someone is there worried about how your school is going...it adds weight on you..but also relieving knowing someone is worried about your school work..it’s not just you...”

there's someone else thinking about your success.”

“The reason I stay there isn't because of the benefits, it's because I'm looking to build relationships with my friends...and trying to build new ones when new people come in...building a community where you can feel safe.”

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<https://www.improveyourtomorrow.org/>