

# BS IN PSYCHOLOGY

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## SACRAMENTO STATE

### In Workflow

1. PSYC Committee Chair (ellison@csus.edu)
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3. SSIS College Committee Chair (wickelgr@csus.edu)
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### Approval Path

1. Sat, 16 Nov 2024 04:41:57 GMT  
Becky Penrod (penrodb): Approved for PSYC Committee Chair
2. Tue, 19 Nov 2024 02:55:33 GMT  
Sharon Furtak (furtak): Approved for PSYC Chair
3. Mon, 24 Feb 2025 23:55:51 GMT  
Heidy Sarabia (heidy.sarabia): Approved for SSIS College Committee Chair
4. Thu, 06 Mar 2025 01:18:27 GMT  
Marya Endriga (mendriga): Approved for SSIS Dean

### History

1. May 14, 2024 by Rebecca Cameron (cameron)

### New Program Proposal

Date Submitted: Fri, 15 Nov 2024 22:20:39 GMT

### Viewing: BS in Psychology

**Last approved: Tue, 14 May 2024 23:40:11 GMT**

**Last edit: Mon, 24 Feb 2025 23:19:26 GMT**

Changes proposed by: Sharon Furtak (215087848)

#### Academic Group: (College)

Social Sciences & Interdisciplinary Studies

#### Academic Organization: (Department)

Psychology

#### Catalog Year Effective:

2026-2027 Catalog

NOTE: This degree major program will be subject to program review evaluation within six years after implementation.

**Individual(s) primarily responsible for drafting the proposed degree major program:**

Name (First Last)	Email	Phone 999-999-9999
Sharon Furtak	furtak@csus.edu	916-278-6666

**Type of Program:**

Major

**Program Change Type:**

Substantive

**Is this a pilot program?**

No

**Delivery Format:**

Fully Face to Face

**Title of the Program:**

BS in Psychology

**Designation: (degree terminology)**

Bachelor of Science

**Briefly describe the program proposal (new or change) and provide a justification:**

This program proposal change is to add a pre-major to the Psychology major in order to aid in the department coming off of impaction after over 10 years. A pre-major will allow the department to extended some of the enrollment management strategies that have been imperative to assuring Psychology majors can enroll in the courses they need to progress to graduation in a timely manner. This enrollment management is important as we move to this new phase of our program. It is a strategy many other impacted majors have adapted as they move off of impaction, the most recent example being Criminal Justice.

The pre-major will include a total of four lower division courses that could be completed at local community colleges as part of our transfer model. We are requiring a "C-" or better in the completion of these four courses. During impaction we required an eligibility of a 2.3 or above in all college level courses to be eligible for the program. The intention here is to assure the student is prepared for success in their required upper division coursework. In particular, this requirement increases the likelihood of success in the core research methods and statistics curriculum that is one facet of our major.

Finally, we also added on PSYC 3 to be cross-listed with CHAD 30, which is currently under review at the University level.

\* A disciplinary description of the program was added to the program description

\* Updated effective date to 2026-2027

**University Learning Goals****Undergraduate Learning Goals:**

Competence in the disciplines  
 Knowledge of human cultures and the physical and natural world  
 Intellectual and practical skills  
 Personal and social responsibility  
 Integrative learning

**Program Learning Outcomes****Program Learning Outcomes****Learning Outcome**

Develop knowledge of key concepts, principles, and overarching themes in individual/social processes, cognitive/learning processes, biological processes, and culture.

Interpret, design, and conduct basic psychological research.

Demonstrate effective writing in the context of psychological research methods and/or explication of topics in psychological content areas.

Develop awareness of ethically and socially responsible behaviors toward supporting and promoting intercultural knowledge and human diversity.

Connect knowledge of psychology to real-world applications with meaningful professional direction for life after graduation.

### Learning Outcomes Display

Course Code	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5
PSYC 2					
CHAD 30					
PSYC 4					
PSYC 8					
PSYC 9					
PSYC 100					
PSYC 121					
PSYC 102					
PSYC 120					
PSYC 122					
PSYC 123					
PSYC 129					
PSYC 111					
PSYC 115					
PSYC 116					
PSYC 117					
PSYC 165					
PSYC 103					
PSYC 104					
PSYC 106					
PSYC 110					
PSYC 118					
PSYC 181					
PSYC 108					
PSYC 130					
PSYC 142					
PSYC 145					
PSYC 148					
PSYC 168					
PSYC 171					
PSYC 135					
PSYC 150					

PSYC 157					
PSYC 160					
PSYC 185					
PSYC 107					
PSYC 119					
PSYC 143					
PSYC 144					
PSYC 152					
PSYC 169					
PSYC 177					
PSYC 184					
PSYC 194					
PSYC 197A					
PSYC 197B					
PSYC 198B					
PSYC 199					

**Will this program be required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?**

No

**Please attach a Comprehensive Program Assessment Plan**

Psychology Assessment Plan AY 19-20 thru 24-25.pdf

**Please attach a Curriculum Map Matrix**

BS Psychology Course Matrix.docx

**Please attach a five-year budget projection**

BA to BS Budget Impact Memo.pdf

**Do these changes impact the degree roadmap?**

Yes

**Please attach the updated roadmap:**

2024\_PSYCH\_BS in Psychology 4-year Roadmap\_sf.docx

**Briefly describe the change:**

PSYC 8 and PSYC 9 use to be in semester 4 after acceptance into the major. However, with pre-major, students should take earlier, during semester 3. There were no changes to the 2-year roadmap, and therefore that was not uploaded here.

**Catalog Description:**

**Units required for Major: 46-50**

**Total units required for BA: 120**

## Program Description

Psychology is the scientific study of human and animal behavior, cognition, and emotion. It is a broad discipline that includes both basic research and the application of research findings to everyday life. With a Bachelor of Science in Psychology, graduates can qualify for positions requiring an understanding of human behavior in public service, education, or business. The undergraduate Behavior Analysis Certificate qualifies students for positions requiring the application of behavior analysis in educational settings and health and human service agencies.

The Psychology program at Sacramento State is highly sought after and the undergraduate major is officially impacted. Students wishing to become Psychology majors must meet eligibility requirements before applying for admission to the program. It is highly recommended that interested students speak with a Psychology advisor as soon as possible.

**Admission Requirements: Course prerequisites and other criteria for admission of students to the degree major program, and for their continuation in it.**

**Pre-Requisite Requirements**

To become a Psychology major, the student must first have successfully completed the following courses or their equivalent with a grade of "C-" or better.

Code	Title	Units
PSYC 2	Introductory Psychology	3
CHAD 30/PSYC 3	Human Development	3
PSYC 8	Methods of Psychology	3
PSYC 9	Introductory Statistics for Psychology	3

Students who wish to become a Psychology minor must contact the Department of Psychology.

Most upper division Psychology courses are restricted to Psychology majors or minors or permission of instructor. Students interested in Psychology majors or minors are encouraged to contact the Department of Psychology office in Amador 350.

## Minimum Grade Requirement

PSYC 121 must be completed with a minimum grade of "C-" or better.

### Coursework Sequencing

The Psychology Department strongly recommends that Psychology Majors sequence their courses in the following manner to provide them with an optimal learning experience:

Code	Title	Units
<b>Freshmen and Sophomores</b>		
As Pre-Major Psychology student: lower division GE/GR requirements, including CHAD 30, PSYC 2; along with PSYC 8 and PSYC 9		
<b>Juniors</b>		
Once admitted to the major: Upper division GE/GR requirements, PSYC 4, PSYC 100, PSYC 121, any upper division Psychology courses		
<b>Seniors</b>		
Upper division GE/GR requirements, any upper division Psychology courses, Psychology specialized topics course and electives		

It is important to choose courses in the sequence outlined above. Otherwise, there could be a delay in completion of the major and graduation.

**Note:** Transfer students must take at least 15 units of Psychology courses in residence at Sacramento State; 12 of those units must be upper division.

As defined by policy <http://www.csus.edu/umannual/acadaff/fsm00010.htm>, a change in units constitutes a substantive change to the program. If your changes constitute a substantive change, please refer back to the "Program Change Type" field above to ensure that "Substantive" is selected.

**Program Requirements: (If new courses are being created as part of a new program, it will be useful to propose courses first.)**

## Program Requirements

Code	Title	Units
<b>Required Lower Division Courses (13 Units)</b>		
PSYC 2	Introductory Psychology <sup>1,2</sup>	3
CHAD 30	Human Development <sup>1</sup>	3
PSYC 4	Navigating Psychology: The Major and Careers	1
PSYC 8	Methods of Psychology <sup>2</sup>	3
PSYC 9	Introductory Statistics for Psychology <sup>2</sup>	3
<b>Required Upper Division Courses (33-37 Units)</b>		
PSYC 100	Cross-Cultural Psychology	3
PSYC 121	Methods and Statistics in Psychological Research <sup>2</sup>	3
<b>Select one of the following methods courses:</b> <sup>3</sup>		3 - 4
PSYC 102	Advanced Methods and Statistics in Psychological Research	
PSYC 120	Psychological Testing and Measurement	
PSYC 122	Qualitative Research in Psychology	

PSYC 123	Program Evaluation	
PSYC 129	Behavioral Research Methods	
<b>Select one of the following biological processes courses:</b>		3 - 4
PSYC 111	Foundations of Behavioral Neuroscience	
PSYC/BIO 115	Neuroscience	
PSYC 116	Animal Behavior	
PSYC 117	Drugs and Behavior	
PSYC 165	Evolutionary Psychology	
<b>Select four courses, with at least one from Cognitive/Learning and one from Individual/Social Processes</b>		12 - 13
<b>Cognitive and Learning Processes</b>		
PSYC 103	Perception	
PSYC 104	Learning Theories	
PSYC 106	Motivation	
PSYC 110	Cognitive Psychology	
PSYC 118	Cognitive Neuroscience	
PSYC 181	Experimental Analysis of Behavior	
<b>Individual and Social Processes</b>		
PSYC 108	Organizational Psychology	
PSYC 130	Personality Theories	
PSYC 142	Community Psychology	
PSYC 145	Social Psychology	
PSYC 148	Child Psychology	
PSYC 168	Abnormal Psychology	
PSYC 171	Applied Behavior Analysis	
<b>Select one of the following human diversity courses:</b>		3
PSYC 135	Psychology of Multicultural Groups <sup>1</sup>	
PSYC 150	Psychological Aspects of Aging	
PSYC 157	Psychology of Women	
PSYC 160	Psychology of Sexual Orientation and Gender Identity	
PSYC 185	Psychology of Exceptional Children	
<b>Select 3 or more units from the following specialized topics courses:</b>		3 - 4
PSYC 107	Controversial Issues in Psychology	
PSYC 119	Human Factors Psychology	
PSYC 143	Practicum in Community Psychology	
PSYC 144	Psychology of Happiness	
PSYC 152	Psychological Aspects of Health, Wellness, and Illness	
PSYC 169	Industrial Psychology	
PSYC 177	Special Topics Capstone: Advanced Study in Psychology	
PSYC 184	Clinical Issues in Applied Behavior Analysis	
PSYC 194	Cooperative Research	
PSYC 197A	Advanced Research I	
PSYC 197B	Advanced Research II	
PSYC 198B	Prospects for Success: Peer Mentor	
PSYC 199	Special Problems	
<b>Electives</b>		3
Select three or more additional upper division Psychology units from among courses numbered 100-199 which have not already been used to fulfill another requirement.		

**Total Units** **46-50**

<sup>1</sup> Course also satisfies General Education (GE)/Graduation Requirement.

<sup>2</sup> Must be completed with a minimum grade of "C-" or better.

## General Education Requirements <sup>1</sup>

Code	Title	Units
<b>Area A: Basic Subjects (9 Units)</b>		
A1	Oral Communication	3
A2	Written Communication	3
A3	Critical Thinking <sup>2</sup>	3
<b>Area B: Physical Universe and Its Life Forms (10 Units)</b>		
B1	Physical Science	3
B2	Life Forms	3
B3	Lab (Note: Lab experience to be taken with one of the following: B1, B2 or B5)	1
B4	Math Concepts	3
B5	Additional Course (Any B to reach 12 units) - Take upper-division course to complete Area & upper division requirements. <sup>3</sup>	0
<b>Area C: Arts and Humanities (12 Units)</b>		
C1	Arts	3
C2	Humanities	3
C1/C2	Area C Course	3
C1/C2	Area C Course - Take upper-division course to complete Area & upper division requirements.	3
<b>Area D: The Individual and Society (6 Units)</b>		
	Area D Course	3
	Area D Course <sup>3</sup>	0
	Area D Course - Take upper-division course to complete Area & upper division requirements.	3
<b>Area E: Understanding Personal Development (3 Units)</b>		
	Area E Course	3
<b>Area F: Ethnic Studies</b>		
	Area F Course	
<b>Total Units</b>		<b>40</b>

<sup>1</sup> To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (<https://catalog.csus.edu/colleges/academic-affairs/general-education/>).

**Note:** There is no way to list all possible overlaps so please consult with a professional advisor. The Academic Advising Center can be visited online (<http://www.csus.edu/acad/>), by phone (916) 278-1000, or email ([advising@csus.edu](mailto:advising@csus.edu)).

<sup>2</sup> Department recommends ANTH 4, ENVS 11, or SOC 8 to meet Area A3.

<sup>3</sup> Required in Major; also satisfies GE.

## Graduation Requirements <sup>1</sup>

Code	Title	Units
<b>Graduation Requirements (required by CSU) (9 Units)</b>		
	American Institutions: U.S. History	3
	American Institutions: U.S. Constitution & CA Government	3
	Writing Intensive (WI)	3
<b>Graduation Requirements (required by Sacramento State) (12 Units)</b>		
	English Composition II	3
	Race and Ethnicity in American Society (RE)	3
	Foreign Language Proficiency Requirement <sup>2</sup>	6

<sup>1</sup> To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (<https://catalog.csus.edu/colleges/academic-affairs/general-education/>).

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<sup>2</sup> If not satisfied before entering Sacramento State, it may be satisfied in General Education Area C2 (Humanities). "C- or better required." The alternative methods for satisfying the Foreign Language Proficiency Requirement are described here: <https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html> (<https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html>)

## **Fiscal Impact to Change an Existing Program**

**Indicate programmatic or fiscal impact which this change will have on other academic units' programs, and describe the consultation that has occurred with affected units:**

Adding a pre-major will not have programmatic or fiscal impacts on other academic units. There is no change to the curriculum of the program except how students are admitted.

**Provide a fiscal analysis of the proposed changes:**

There will be decreased resources based on the elimination of impaction, which required a supplemental application process supported by a staff member.

**How will the above changes be accommodated within the department/College existing fiscal resources?**

The staff member will be able to be reallocated to other college level priorities.

**Will the proposed changes require additional resources?**

No

**What additional space, equipment, operating expenses, library, computer, or media resources, clerical/technical support, or other resources will be needed?**

Not applicable.

**Estimate the cost and indicate how these resource needs will be accommodated:**

There will be a cost savings.

Key: 558