

# BS IN GERONTOLOGY

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**SACRAMENTO STATE**  
*Redefine the Possible*

## In Workflow

1. GERO Committee Chair (donna.jensen@csus.edu)
2. GERO Chair (donna.jensen@csus.edu)
3. SSIS College Committee Chair (flamenbaum@csus.edu)
4. SSIS Dean (mendriga@csus.edu)
5. Academic Services (catalog@csus.edu)
6. Senate Curriculum Subcommittee Chair (curriculum@csus.edu)
7. Dean of Undergraduate (gardner@csus.edu)
8. Dean of Graduate (cnewsome@skymail.csus.edu)
9. Catalog Editor (catalog@csus.edu)
10. Registrar's Office (k.mcfarland@csus.edu)

## Approval Path

1. Fri, 08 Sep 2023 19:14:31 GMT  
Donna Jensen (donna.jensen): Approved for GERO Committee Chair
2. Fri, 08 Sep 2023 19:17:25 GMT  
Donna Jensen (donna.jensen): Approved for GERO Chair
3. Sat, 07 Oct 2023 22:32:58 GMT  
Rachel Flamenbaum (flamenbaum): Rollback to Initiator
4. Wed, 18 Oct 2023 01:46:15 GMT  
Donna Jensen (donna.jensen): Approved for GERO Committee Chair
5. Wed, 18 Oct 2023 01:46:32 GMT  
Donna Jensen (donna.jensen): Approved for GERO Chair
6. Wed, 25 Oct 2023 06:01:10 GMT  
Rachel Flamenbaum (flamenbaum): Approved for SSIS College Committee Chair
7. Wed, 25 Oct 2023 16:39:42 GMT  
Marya Endriga (mendriga): Approved for SSIS Dean
8. Thu, 02 Nov 2023 22:54:58 GMT  
Katie Hawke (katiedickson): Approved for Academic Services

## History

1. May 3, 2018 by clmig-jwehrheim
2. Jan 15, 2019 by Donna Jensen (donna.jensen)
3. Apr 28, 2020 by 220267334
4. Apr 23, 2021 by Katie Hawke (katiedickson)
5. Feb 23, 2022 by Donna Jensen (donna.jensen)
6. Aug 5, 2022 by 302822325
7. Aug 10, 2022 by 302822325

Date Submitted: Tue, 17 Oct 2023 22:58:17 GMT

### Viewing: BS in Gerontology

**Last approved: Wed, 10 Aug 2022 19:45:51 GMT**

**Last edit: Thu, 02 Nov 2023 22:54:46 GMT**

Changes proposed by: Donna Jensen (204323929)

**Academic Group: (College)**

Social Sciences & Interdisciplinary Studies

**Academic Organization: (Department)**

Gerontology

**Catalog Year Effective:**

2024-2025 Catalog

**Individual(s) primarily responsible for drafting the proposed degree major program:**

| Name (First Last) | Email                 | Phone 999-999-9999 |
|-------------------|-----------------------|--------------------|
| Donna Jensen      | donna.jensen@csus.edu | 916-278-2561       |

**Type of Program Proposal:**

Major

**Program Change Type:**

Non-Substantive

**Delivery Format:**

Hybrid

**Title of the Program:**

BS in Gerontology

**Designation: (degree terminology)**

Bachelor of Science

**Briefly describe the program proposal (new or change) and provide a justification:**

We are changing two GERO courses (100 & 101) to lower division courses (GERO 10 and GERO 11 respectively) through Form A. This changes the prerequisites in other courses. Changes with this program proposal includes changing the prerequisites to the new lower division numbers. Also all done through Form A.

We have also added a new course, GERO 125: Moving towards Equity in California Policy and Practice which will now be included as a choice for majors' Interdisciplinary Elective option.

Additionally ENGL 120S was removed as a major elective, it was inadvertently included as a major elective at some point.

**University Learning Goals****Undergraduate Learning Goals:**

Competence in the disciplines  
 Knowledge of human cultures and the physical and natural world  
 Intellectual and practical skills  
 Personal and social responsibility  
 Integrative learning

**Program Learning Outcomes****Program Learning Outcomes****Learning Outcome**

1. Synthesize and apply fundamental interdisciplinary evidence-based knowledge, skills, values, and current trends as a basis for competent gerontological research, policy, and practice.
2. Demonstrate critical thinking, assessment, and problem-solving skills when analyzing diverse and complex aging issues and outcomes for older adults, families, and society.
3. Synthesize and apply interdisciplinary theories and research in community-based settings.
4. Demonstrate social and cultural sensitivity, inclusion, respect, and support of multiple perspectives when interacting with older adults, their families, caregivers, and communities.
5. Demonstrate professional behaviors in class and the community: a) learn about personal responsibility, b) exhibit ethical behavior and c) demonstrate professionalism in serving the needs of older adults, their families, caregivers, and community partners in older adult services.
6. Employ effective communication skills and use of information technology as relevant to older adults, their families, caregivers, and the agencies who provide services to them.

7. Demonstrate professional work skills including: a) written communication, b) verbal communication, c) conflict resolution skills and d) responsibilities to agency, older adults and the larger community.

8. Demonstrate ability to be a professional team member by exhibiting professional and ethical standards in accordance with the Academy of Gerontology in Higher Education (AGHE) competency standards.

**Will this program be required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?**

No

**Do these changes impact the Smart Planner roadmap?**

Yes

**Please attach the Smart Planner roadmap:**

2023\_GERO\_Gerontology BS\_9-8-23.docx

2023\_GERO transfer plan BS\_9-8-23.docx

**Briefly describe the change:**

Changed the GERO 101 requirement to GERO 11. Also listed GERO 125 and an option for SWRK 151.

**Catalog Description:**

**Units required for Major: 48**

**Total units required for BS: 120**

## Program Description

The Gerontology Program provides an applied interdisciplinary approach to studying the human aging process and the challenges encountered by older adults and their families as they interact in contemporary society. The curriculum is anchored in life course and humanistic theory, and concentrates on the needs of both healthy and chronically ill elders and their families.

**Admission Requirements: Course prerequisites and other criteria for admission of students to the degree major program, and for their continuation in it.**

## Minimum Grade Requirement

Students must receive a "C" or better in all major and multidisciplinary core/elective courses.

As defined by policy <http://www.csus.edu/umannual/acadaff/fsm00010.htm>, a change in units constitutes a substantive change to the program. If your changes constitute a substantive change, please refer back to the "Program Change Type" field above to ensure that "Substantive" is selected.

**Program Requirements: (If new courses are being created as part of a new program, it will be useful to propose courses first.)**

## Program Requirements

| Code   | Title   | Units |
|--|---|-------|
| <b>Required Major Core Courses (21 Units)</b>    |   |       |
| GERO 11  | Course GERO 11 Not Found (GERO 11 is formerly GERO 101)               | 3     |
| GERO 102/PPA 100                                 | Social Policy for an Aging Society                                    | 3     |
| GERO 103   | Applied Care Management in Gerontological Practice                    | 3     |
| GERO 121   | Strategies for Optimal Aging  | 3     |
| GERO 122   | Interprofessional Approaches to Health Care in Older Adults           | 3     |
| GERO 130   | Gerontology Practicum   | 3     |
| GERO 131   | Gerontology Capstone Practicum  | 3     |
| <b>Research Elective (see advisor) (3 Units)</b> |   |       |
| Select one of the following:                     |   | 3     |
| ECON 140   | Quantitative Economic Analysis  |       |
| ETHN 194   | Research in Ethnic Studies  |       |
| GERO 123   | Research on Aging & the Life Course                                   |       |
| NURS 170   | Foundations for Evidence-Based Nursing Practice <sup>1</sup>          |       |
| RPTA 110   | Research and Evaluation in Recreation, Parks and Tourism <sup>1</sup> |       |
| SOC 102  | Research Methods in Sociology <sup>1</sup>                            |       |
| SWRK 111   | Research Methods and Program Evaluation <sup>1</sup>                  |       |
| <b>Interdisciplinary Core (15 Units)</b>         |   |       |
| ETHN 133   | Crosscultural Aging in America 🌐                                      | 3     |

|   |  |   |
|---|--|---|
| FACS 141  | Family Finance   | 3 |
| PSYC 151  | Psychological Aspects of Death and Dying   | 3 |
| RPTA 117  | Recreation Therapy and Contemporary Aspects of Disability <sup>2</sup>   | 3 |
| <i>Students will select one of the following:</i> |  | 3 |
| SWRK 151  | Health Services and Systems ( )  |   |
| GERO 125  | Moving Toward Equity in California Aging Policy and Practice   |   |
| <b>Electives (9 Units)</b>                        |  |   |
| Select 9 units of the following:                  |  | 9 |
| GERO 10   | Course GERO 10 Not Found (Gero 100 is now GERO 10)   |   |
| PUBH 116  | Public Health Policy, Management & Administration  |   |
| PUBH 134  | Understanding Human Sexuality  |   |
| HROB 101  | The Management of Contemporary Organizations   |   |
| KINS 136  | Sport And Aging  |   |
| FSHD 150  | Family Stress and Coping: Multicultural Focus   |   |
| FSHD 159  | Adulthood and Aging in Human Development   |   |
| NUFD 113  | Nutrition And Metabolism   |   |
| NUFD 119  | Nutrition: Adolescence Through Older Adulthood   |   |
| PUBH 150  | Aging and Health   |   |
| PSYC 150  | Psychological Aspects of Aging   |   |
| PSYC 152  | Psychological Aspects of Health, Wellness, and Illness   |   |
| SOC 146   | Sociology of Aging   |   |
| GERO 199  | Special Problems   |   |

**Total Units****48**

<sup>1</sup> Gerontology students will be allowed to enroll without prerequisites but need senior status.

<sup>2</sup> Gerontology students will be permitted to enroll without prerequisites

<sup>3</sup> Course also satisfies General Education (GE)/General Education Requirement.

**Notes:**

- **Additional optional courses** which are recommended to support the Gerontology major are the following:

| Code     | Title  | Units |
|----------|--|-------|
| GERO 21  | First Year Seminar: Becoming an Educated Person  | 3     |
| BIO 20   | Biology: A Human Perspective   | 3     |
| CHAD 30  | Human Development  | 3     |
| FSHD 50  | The Family and Social Issues  | 3     |
| NURS 10  | Health Care: Issues and Delivery Systems   | 3     |
| PSYC 2   | Introductory Psychology  | 3     |
| PSYC 8   | Methods of Psychology  | 3     |
| RPTA 106 | Introduction to Inclusive Recreation and Recreation Therapy  | 3     |
| SOC 1    | Principles of Sociology  | 3     |
| SOC 101  | Introduction to Statistics for Sociologists  | 4     |
| STAT 1   | Introduction to Statistics   | 3     |
| SWRK 110 | Statistics and Research for Social Workers   | 3     |

- **Major Core courses** have the potential of offering a one unit Service Learning (SL) option for each of the three theory courses (GERO 102, GERO 121 and GERO 122 that do not already include SL. These units could be combined and serve as one elective (GERO 199) if there is an approved written plan by the student and academic advisor prior to enrolling in the course.

**General Education Requirements<sup>1</sup>**

| Code   | Title  | Units |
|--|--|-------|
| <b>Area A: Basic Subjects (9 Units)</b>                        |  |       |
| A1   | Oral Communication   | 3     |
| A2   | Written Communication  | 3     |
| A3   | Critical Thinking  | 3     |
| <b>Area B: Physical Universe and Its Life Forms (13 Units)</b> |  |       |
| B1   | Physical Science   | 3     |
| B2   | Life Forms   | 3     |
| B3   | Lab (Note: Lab experience to be taken with one of the following: B1, B2 or B5) | 1     |

|   |           |
|---|-----------|
| B4 - Math Concepts  | 3         |
| B5 - Additional Course (Any B to reach 12 units) - Take upper-division course to complete Area & upper division requirements. | 3         |
| <b>Area C: Arts and Humanities (12 Units)</b>   |           |
| C1 - Arts   | 3         |
| C2 - Humanities   | 3         |
| C1/C2 - Area C Course   | 3         |
| C1/C2 - Area C Course - Take upper-division course to complete Area & upper division requirements.                            | 3         |
| <b>Area D: The Individual and Society (6 Units)</b>   |           |
| Area D Course   | 3         |
| Area D Course   | 3         |
| Area D Course - Take upper-division course to complete Area & upper division requirements.                                    | 0         |
| <b>Area E: Understanding Personal Development (3 Units)</b>   |           |
| Area E Course   | 3         |
| <b>Area F: Ethnic Studies</b>   |           |
| Area F Course   |           |
| <b>Total Units</b>  | <b>43</b> |

<sup>1</sup> To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (<http://catalog.csus.edu/colleges/academic-affairs/general-education/>).

**Note:** There is no way to list all possible overlaps so please consult with a professional advisor. The Academic Advising Center can be visited online (<http://www.csus.edu/acad/>), by phone (916) 278-1000, or email ([advising@csus.edu](mailto:advising@csus.edu)).

## Graduation Requirements <sup>1</sup>

| Code  | Title  | Units |
|---|--|-------|
| <b>Graduation Requirements (required by CSU) (9 Units)</b>              |  |       |
|   | American Institutions: U.S. History                      | 3     |
|   | American Institutions: U.S. Constitution & CA Government | 3     |
|   | Writing Intensive (WI)                                   | 3     |
| <b>Graduation Requirements (required by Sacramento State) (9 Units)</b> |  |       |
|   | English Composition II                                   | 3     |
|   | Race and Ethnicity in American Society (RE) <sup>2</sup> | 0     |
|   | Foreign Language Proficiency Requirement <sup>3</sup>    | 6     |

<sup>1</sup> To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (<http://catalog.csus.edu/colleges/academic-affairs/general-education/>).

**Note:** There is no way to list all possible overlaps so please consult with a professional advisor. The Academic Advising Center can be visited online (<http://www.csus.edu/acad/>), by phone (916) 278-1000, or email ([advising@csus.edu](mailto:advising@csus.edu)).

<sup>2</sup> Required in Major; also satisfies Graduation Requirement.

<sup>3</sup> If not satisfied before entering Sacramento State, it may be satisfied in General Education Area C2 (Humanities). "C- or better required." The alternative methods for satisfying the Foreign Language Proficiency Requirement are described here: <https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html> (<https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html>)

## Fiscal Impact to Change an Existing Program

**Indicate programmatic or fiscal impact which this change will have on other academic units' programs, and describe the consultation that has occurred with affected units:**

Both GERO 100 and GERO 101 are utilized by the Health Sciences Meta Degree as electives for their degree (students need to pick one course in aging). The Health Science Meta Degree coordinator has been consulted and is aware we are moving these two courses to lower division, and there are still 6 upper division electives on aging that are available to this major. Health Sciences students are still welcome in these lower division courses.

**Provide a fiscal analysis of the proposed changes:**

No changes

**How will the above changes be accommodated within the department/College existing fiscal resources?**

No fiscal changes.

**Will the proposed changes require additional resources?**

No

**What additional space, equipment, operating expenses, library, computer, or media resources, clerical/technical support, or other resources will be needed?**

None

**Estimate the cost and indicate how these resource needs will be accommodated:**

None

**Please attach any additional files not requested above:**

HLSC Consult 2023.pdf

**Reviewer Comments:**

**Rachel Flamenbaum (flamenbaum) (Sat, 07 Oct 2023 22:32:58 GMT):** Rollback: pls see email feedback

Key: 250