

# BS IN GERONTOLOGY

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**SACRAMENTO STATE**  
*Redefine the Possible*

## In Workflow

1. GERO Committee Chair (donna.jensen@csus.edu)
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3. SSIS College Committee Chair (tristan.josephson@csus.edu)
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7. Dean of Undergraduate (james.german@csus.edu; celena.showers@csus.edu)
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## Approval Path

1. Thu, 30 Sep 2021 20:59:33 GMT  
Donna Jensen (donna.jensen): Approved for GERO Committee Chair
2. Fri, 15 Oct 2021 23:11:58 GMT  
Donna Jensen (donna.jensen): Approved for GERO Chair
3. Thu, 21 Oct 2021 05:52:53 GMT  
Tristan Josephson (tristan.josephson): Rollback to Initiator
4. Fri, 22 Oct 2021 18:30:34 GMT  
Donna Jensen (donna.jensen): Approved for GERO Committee Chair
5. Fri, 22 Oct 2021 18:30:55 GMT  
Donna Jensen (donna.jensen): Approved for GERO Chair
6. Fri, 22 Oct 2021 19:55:37 GMT  
Tristan Josephson (tristan.josephson): Approved for SSIS College Committee Chair
7. Fri, 22 Oct 2021 19:59:53 GMT  
Marya Endriga (mendriga): Approved for SSIS Dean

## History

1. May 3, 2018 by clmig-jwehrheim
2. Jan 15, 2019 by Donna Jensen (donna.jensen)
3. Apr 28, 2020 by Celena Showers (celena.showers)
4. Apr 23, 2021 by Katie Dickson (katie.dickson)

Date Submitted: Fri, 22 Oct 2021 18:29:04 GMT

## Viewing: BS in Gerontology

**Last approved: Fri, 23 Apr 2021 20:55:57 GMT**

**Last edit: Fri, 22 Oct 2021 18:29:03 GMT**

Changes proposed by: Donna Jensen (204323929)

### Academic Group: (College)

Social Sciences & Interdisciplinary Studies

### Academic Organization: (Department)

Gerontology

### Catalog Year Effective:

2022-2023 Catalog

**Individual(s) primarily responsible for drafting the proposed degree major program:**

Name (First Last)	Email	Phone 999-999-9999
Donna Jensen	donna.jensen@csus.edu	916-278-2561

**Type of Program Proposal:**

Major

**Program Change Type:**

Non-Substantive

**Title of the Program:**

BS in Gerontology

**Designation: (degree terminology)**

Bachelor of Science

**Briefly describe the program proposal (new or change) and provide a justification:**

Updating language to reflect current nomenclature in profession (reducing ageist language). The previous program objectives were outdated and did not adequately reflect diversity, equity and inclusion. The 2021 program review revealed some gaps in learning for our students in the areas of professionalization. Since we are an applied major, there was a lack of attention/objectives on learning professional socialization skills (how to work as part of a team, professional behavior skills, professional writing (documentation) skills, etc.

Changing prerequisite requirements for GERO 102, 103, 122 and 123. The Gerontology department recently completed Program Review thus a full curriculum review by curriculum committee, faculty, the advisory committee and internal/external reviewers. Recommendations were made from all these sources to remove existing prerequisites for the courses listed above. While course content builds upon each other, there is no pedagogical rationale for the prerequisites in terms of developmental learning. These changes keep the departments' academic rigor intact while decreasing barriers toward graduation.

**Objectives of the degree program:**

Upon the completion of the gerontology department's program of study the student will:

1. Synthesize and apply fundamental interdisciplinary evidence-based knowledge, skills, values, and current trends as a basis for competent gerontological research, policy, and practice.
2. Demonstrate critical thinking, assessment, and problem-solving skills when analyzing diverse and complex aging issues and outcomes for older adults, families, and society.
3. Synthesize and apply interdisciplinary theories and research in community-based settings.
4. Demonstrate social and cultural awareness, sensitivity, inclusion, respect, and support of multiple perspectives when interacting with older adults, their families, caregivers, and communities.
5. Demonstrate professional behaviors in class and the community: a) learn about personal responsibility, b) exhibit ethical behavior and c) demonstrate professionalism in serving the needs of older adults, their families, caregivers, and community partners in older adult services.
6. Employ effective communication skills and use of information technology as relevant to older adults, their families, caregivers, and the agencies who provide services to them.
7. Demonstrate professional work skills including: a) written communication, b) verbal communication, c) conflict resolution skills and d) responsibilities to agency, older adults and the larger community.
8. Demonstrate ability to be a professional team member by exhibiting professional and ethical standards in accordance with the Academy of Gerontology in Higher Education (AGHE) competency standards.

**University Learning Goals****Undergraduate Learning Goals:**

Competence in the disciplines  
 Knowledge of human cultures and the physical and natural world  
 Integrative learning  
 Personal and social responsibility  
 Intellectual and practical skills

**Will this program be required as part of a teaching credential program, a single subject, or multiple subject waiver program (e.g., Liberal Studies, Biology) or other school personnel preparation program (e.g., School of Nursing)?**

No

**Do these changes impact the Smart Planner roadmap?**

No

**Catalog Description:****Units required for Major: 48****Total units required for BS: 120**

## Program Description

The Gerontology Program provides an applied interdisciplinary approach to studying the human aging process and the challenges encountered by older adults and their families as they interact in contemporary society. The curriculum is anchored in life course and humanistic theory, and concentrates on the needs of both healthy and chronically ill elders and their families.

**Admission Requirements: Course prerequisites and other criteria for admission of students to the degree major program, and for their continuation in it.**

## Minimum Grade Requirement

Students must receive a "C" or better in all major and multidisciplinary core/elective courses.

As defined by policy <http://www.csus.edu/umannual/acadaff/fsm00010.htm>, a change in units constitutes a substantive change to the program. If your changes constitute a substantive change, please refer back to the "Program Change Type" field above to ensure that "Substantive" is selected.

**Program Requirements: (If new courses are being created as part of a new program, it will be useful to propose courses first.)**

## Program Requirements

Code	Title	Units
<b>Required Major Core Courses (21 Units)</b>		
GERO 101	Elder Care Continuum Services and Strategies	3
GERO 102/PPA 100	Social Policy for an Aging Society	3
GERO 103	Applied Care Management in Gerontological Practice	3
GERO 121	Strategies for Optimal Aging	3
GERO 122	Managing Disorders in Elders	3
GERO 130	Gerontology Practicum	3
GERO 131	Gerontology Capstone Practicum	3
<b>Research Elective (see advisor) (3 Units)</b>		
Select one of the following: 3		
ECON 140	Quantitative Economic Analysis	
ETHN 194	Research in Ethnic Studies	
GERO 123	Research on Aging & the Life Course	
NURS 170	Foundations for Evidence-Based Nursing Practice <sup>1</sup>	
RPTA 110	Research and Evaluation in Recreation, Parks and Tourism <sup>1</sup>	
SOC 102	Research Methods in Sociology <sup>1</sup>	
SWRK 111	Research Methods and Program Evaluation <sup>1</sup>	
<b>Interdisciplinary Core (15 Units)</b>		
ETHN 133	Crosscultural Aging in America 🌐	3
FACS 141	Family Finance	3
PSYC 151	Psychological Aspects of Death and Dying	3
RPTA 117	Recreation Therapy and Contemporary Aspects of Disability <sup>2</sup>	3
SWRK 151	Health Services and Systems <sup>3</sup>	3
<b>Electives (9 Units)</b>		
Select 9 units of the following: 9		
GERO 100	Aging Issues in Contemporary America <sup>3</sup>	
PUBH 116	Public Health Administration and Policy	
PUBH 134	Understanding Human Sexuality	
HROB 101	The Management of Contemporary Organizations	
KINS 136	Sport And Aging	
ENGL 120S	Writing in the Social Sciences	
FSHD 150	Family Stress and Coping: Multicultural Focus 🌐✍️	
FSHD 159	Adulthood and Aging in Human Development	
NUFD 113	Nutrition And Metabolism	
NUFD 119	Nutrition: Adolescence Through Older Adulthood	
PUBH 150	Aging and Health	

PSYC 150	Psychological Aspects of Aging
PSYC 152	Psychological Aspects of Health, Wellness, and Illness
SOC 146	Sociology of Aging
GERO 199	Special Problems

**Total Units** **48**

- <sup>1</sup> Gerontology students will be allowed to enroll without prerequisites but need senior status.
- <sup>2</sup> Gerontology students will be permitted to enroll without prerequisites
- <sup>3</sup> Course also satisfies General Education (GE)/General Education Requirement.

**Notes:**

- **Additional optional courses** which are recommended to support the Gerontology major are the following:

Code	Title	Units
GERO 21	First Year Seminar: Becoming an Educated Person	3
BIO 20	Biology: A Human Perspective	3
CHAD 30	Human Development	3
FSHD 50	The Family and Social Issues 🗑️	3
NURS 10	Health Care: Issues and Delivery Systems	3
PSYC 2	Introductory Psychology	3
PSYC 8	Methods of Psychology	3
RPTA 106	Introduction to Inclusive Recreation and Recreation Therapy	3
SOC 1	Principles of Sociology	3
SOC 101	Introduction to Statistics for Sociologists	4
STAT 1	Introduction to Statistics	3
SWRK 110	Statistics and Research for Social Workers	3

- **Major Core courses** have the potential of offering a one unit Service Learning (SL) option for each of the three theory courses (GERO 102, GERO 121 and GERO 122 that do not already include SL. These units could be combined and serve as one elective (GERO 199) if there is an approved written plan by the student and academic advisor prior to enrolling in the course.

## General Education Requirements <sup>1</sup>

Code	Title	Units
<b>Area A: Basic Subjects (9 Units)</b>		
A1	Oral Communication	3
A2	Written Communication	3
A3	Critical Thinking	3
<b>Area B: Physical Universe and Its Life Forms (13 Units)</b>		
B1	Physical Science	3
B2	Life Forms	3
B3	Lab (Note: Lab experience to be taken with one of the following: B1, B2 or B5)	1
B4	Math Concepts	3
B5	Additional Course (Any B to reach 12 units) - Take upper-division course to complete Area & upper division requirements.	3
<b>Area C: Arts and Humanities (12 Units)</b>		
C1	Arts	3
C2	Humanities	3
C1/C2	Area C Course	3
C1/C2	Area C Course - Take upper-division course to complete Area & upper division requirements.	3
<b>Area D: The Individual and Society (6 Units)</b>		
Area D Course		3
Area D Course		3
Area D Course	- Take upper-division course to complete Area & upper division requirements.	0
<b>Area E: Understanding Personal Development (3 Units)</b>		
Area E Course		3
<b>Area F: Ethnic Studies</b>		
Area F Course		
<b>Total Units</b>		<b>43</b>

<sup>1</sup> To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (<http://catalog.csus.edu/colleges/academic-affairs/general-education/>).  
**Note:** There is no way to list all possible overlaps so please consult with a professional advisor. The Academic Advising Center can be visited online (<http://www.csus.edu/acad/>), by phone (916) 278-1000, or email ([advising@csus.edu](mailto:advising@csus.edu)).

## Graduation Requirements <sup>1</sup>

Code	Title	Units
<b>Graduation Requirements (required by CSU) (9 Units)</b>		
	American Institutions: U.S. History	3
	American Institutions: U.S. Constitution & CA Government	3
	Writing Intensive (WI)	3
<b>Graduation Requirements (required by Sacramento State) (9 Units)</b>		
	English Composition II	3
	Race and Ethnicity in American Society (RE) <sup>2</sup>	0
	Foreign Language Proficiency Requirement <sup>3</sup>	6

<sup>1</sup> To help you complete your degree in a timely manner and not take more units than absolutely necessary, there are ways to use single courses to meet more than one requirement (overlap). For further information, please visit the General Education page (<http://catalog.csus.edu/colleges/academic-affairs/general-education/>).  
**Note:** There is no way to list all possible overlaps so please consult with a professional advisor. The Academic Advising Center can be visited online (<http://www.csus.edu/acad/>), by phone (916) 278-1000, or email ([advising@csus.edu](mailto:advising@csus.edu)).

<sup>2</sup> Required in Major; also satisfies Graduation Requirement.

<sup>3</sup> If not satisfied before entering Sacramento State, it may be satisfied in General Education Area C2 (Humanities). "C- or better required." The alternative methods for satisfying the Foreign Language Proficiency Requirement are described here: <https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html> (<https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html>)

## Fiscal Impact to Change an Existing Program

Indicate programmatic or fiscal impact which this change will have on other academic units' programs, and describe the consultation that has occurred with affected units:

None

Provide a fiscal analysis of the proposed changes:

No Fiscal consequences

How will the above changes be accommodated within the department/College existing fiscal resources?

N/A

Will the proposed changes require additional resources?

No

What additional space, equipment, operating expenses, library, computer, or media resources, clerical/technical support, or other resources will be needed?

N/A

Estimate the cost and indicate how these resource needs will be accommodated:

N/A

Reviewer Comments:

Tristan Josephson (tristan.josephson) (Thu, 21 Oct 2021 05:52:53 GMT): Rollback: Please see email dated 10/20/21 for details.

Key: 250